	alphabet videos	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_1_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_1_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_1_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_1_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_1_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_1_day_5_content
Week 2	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_2_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_2_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_2_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_2_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_2_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_2_day_5_content
Week 3	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_3_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_3_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_3_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_3_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_3_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_3_day_5_content
Week 4	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_4_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_4_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_4_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_4_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_4_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_4_day_5_content
Week 5	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_5_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_5_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_5_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_5_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_5_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_5_day_5_content
Week 6	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_6_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_6_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_6_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_6_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_6_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_6_day_5_content
Week 7	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_7_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_7_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_7_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_7_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_7_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_7_day_5_content
Week 8	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_8_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_8_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_8_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_8_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_8_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_8_day_5_content
Week 9	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_9_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_9_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_9_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_9_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_9_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_9_day_5_content
Week 10	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_10_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_10_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_10_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_10_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_10_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_10_day_5_content
Week 11	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_11_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_11_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_11_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_11_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_11_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_11_day_5_content
Week 12	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_12_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_12_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_12_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_12_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_12_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_12_day_5_content
Week 13	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_13_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_13_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_13_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_13_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_13_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_13_day_5_content

Week 14	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_14_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_14_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_14_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_14_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_14_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_14_day_5_content
Week 15	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_15_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_15_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_15_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_15_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_15_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_15_day_5_content
Week 16	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_16_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_16_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_16_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_16_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_16_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_16_day_5_content
Week 17	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_17_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_17_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_17_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_17_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_17_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_17_day_5_content
Week 18	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_18_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_18_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_18_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_18_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_18_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_18_day_5_content
Week 19	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_19_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_19_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_19_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_19_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_19_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_19_day_5_content
Week 20	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_20_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_20_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_20_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_20_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_20_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_20_day_5_content
Week 21	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_21_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_21_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_21_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_21_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_21_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_21_day_5_content
Week 22	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_22_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_22_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_22_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_22_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_22_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_22_day_5_content
Week 23	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_23_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_23_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_23_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_23_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_23_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_23_day_5_content
Week 24	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_24_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_24_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_24_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_24_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_24_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_24_day_5_content
Week 25	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_25_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_25_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_25_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_25_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_25_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_25_day_5_content
Week 26	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_26_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_26_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_26_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_26_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_26_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_26_day_5_content

Week 27	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_27_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_27_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_27_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_27_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_27_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_27_day_5_content
Week 28	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_28_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_28_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_28_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_28_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_28_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_28_day_5_content
Week 29	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_29_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_29_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_29_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_29_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_29_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_29_day_5_content
Week 30	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_30_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_30_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_30_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_30_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_30_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_30_day_5_content
Week 31	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_31_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_31_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_31_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_31_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_31_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_31_day_5_content
Week 32	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_32_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_32_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_32_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_32_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_32_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_32_day_5_content
Week 33	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_33_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_33_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_33_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_33_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_33_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_33_day_5_content
Week 34	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_34_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_34_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_34_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_34_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_34_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_34_day_5_content
Week 35	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_35_week_video_link	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_35_day_1_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_35_day_2_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_35_day_3_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_35_day_4_content	https://heggerty.org/watch-dlv/?uid=63783&pid=398021&k=week_35_day_5_content